



# 2010 YMCA of Central New Mexico FLAG FOOTBALL

**MARCH 29, 2010 – MAY 22, 2010**

Welcome to the 2010 Flag Football Season! Open registration (for players who have not signed up to play tackle football) for the 2010 Flag Football season that will kick off March 15<sup>th</sup>. The first day of practice for all flag football teams will be March 29<sup>th</sup>. The first game will be April 10<sup>th</sup> and the season will conclude with our 2 day Championship Tournament May 22<sup>nd</sup> and May 23<sup>rd</sup>.

Registration for flag football is open to all who wish to participate. It is **NOT** required that you be registered or have been registered for Tackle Football to play in the NMYAFL Flag Football League.

Flag Football is an exciting way to improve your skills, compete and have some **FUN!**

***\$125 TEAM REGISTRATION AND \$40 PER PLAYER***

*Each Player will receive a Flag Football Game Jersey or T-Shirt*

***PLAYERS AGE 7 TO 14***

***MINIMUM 8 PLAYERS PER TEAM AND MAXIMUM 12 PLAYER PER TEAM***

Practice Starts	March 29 <sup>th</sup> 2010	Practice Starts (Teams are allowed up to 3 practices each week until the season starts)
Game Week 1	April 5 <sup>th</sup> to April 10 <sup>th</sup>	Up to 2 practices with a game on Saturday
Game Week 2	April 12 <sup>th</sup> to April 17 <sup>th</sup>	Up to 2 practices with a game on Saturday
Game Week 3	April 19 <sup>th</sup> to April 24 <sup>th</sup>	Up to 2 practices with a game on Saturday
Game Week 4	April 26 <sup>th</sup> to May 1 <sup>st</sup>	Up to 2 practices with a game on Saturday
Game Week 5	May 3 <sup>rd</sup> to May 8 <sup>th</sup>	Up to 2 practices with a game on Saturday
Game Week 6	May 10 <sup>th</sup> to May 15 <sup>th</sup>	Up to 2 practices with a game on Saturday
<b>Tournament Weekend</b>	May 17 <sup>th</sup> to May 23 <sup>rd</sup>	Up to 2 practices with a Tournament Games on Saturday and Sunday

***TWO DAY CHAMPIONSHIP TOURNAMENT***

***MAY 22<sup>ND</sup> AND MAY 23<sup>RD</sup>***

